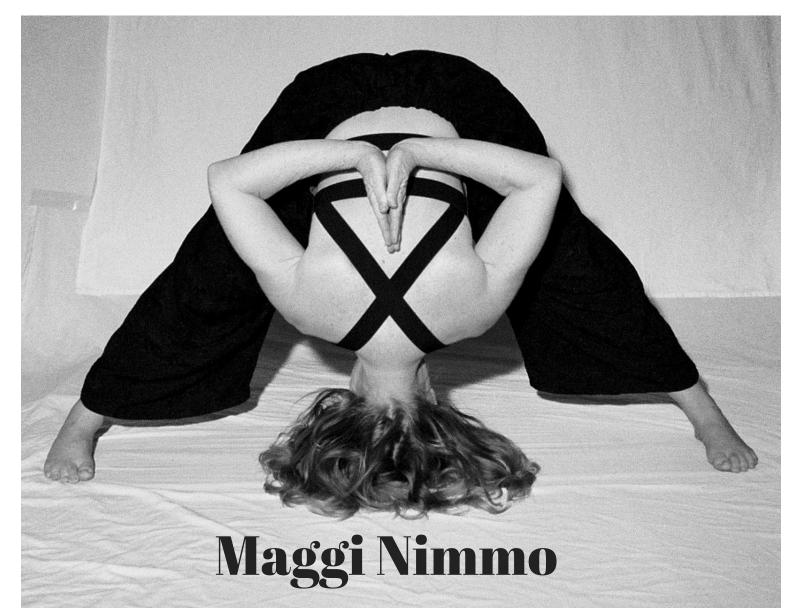
FOUNDATION YOGA 8 THERAPY





Enso Healing Space Samata Spa Nataraj Yoga

Back Care & Pain Management
Healing yoga and soft tissue
manipulation to reorganise your
unbalanced painful structure into
comfortable fluid movements.

The Bowen Technique, Sacro-Cranial Tractions and Lymphatic massage will move you from Pain to Performance.

With Maggi Nimmo 010348601

Contact: maggi@magginimmo.com